



The wheel Feel, think, perceive The smallest unit of unrefined consciousness. To refine, place a wedge in the spinning wheel.

Study, stilling, prayer Each practice works directly on two of (think, feel, perceive) and the result is the conversion of the third.

Vision, exaltation, revelation Think > revelation, feel > exaltation, perceive > vision

Saint, prophet, seer Revelation comes to prophets; seers have visions; saints are exalted

Investigation, experience, observation Three inclinations possibly corresponding to three motivations

Yogi, shaman, mystic Three 'ways' with their own specific characters. The mystic dissolves self, the shaman transforms self, the yogi purifies self.

Each way, to the extent that it goes all the way, necessarily includes the essential aspects of the other two.

