

Meaningful words

A blank piece of A4 paper placed landscape.

Step 1: Equally spaced along the top: 8 random, stream of consciousness words

Step 2: Equally spaced along the bottom: 8 random, stream of consciousness words

Step 3: Pair adjacent words across top and bottom (4 pairs at top, 4 pairs at bottom): insert one word that joins* them

Step 4: Pair top and bottom words from Step 3 at left and right of the page, insert one word that joins each pair

Step 5: Taking the 4 remaining words from Step 3, pair top left with bottom right and top right with bottom left, insert one word that joins each pair

Step 6: Take left hand word from Step 4 and pair with one of the words from Step 5; take the right hand word from Step 4 and pair with the other word from Step 5; insert one word that joins each pair

Step 7: Taking the final two words from Step 6, insert one word that joins them

* joins = summarises, unites, connects